

## **VITA FOR CHARLES BOWMAN, MS, LCSW, LMFT, LCAC**

Licensed Clinical Social Worker (Indiana, USA - #34002755A)  
Licensed Marriage & Family Therapist (Indiana, USA - #35000195A)  
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### **EDUCATION**

1992-1998 Institute for Integrative Psychotherapy, New York, NY (400 hours training)  
1984-1987 Purdue University, Indianapolis, IN, USA (Master of Science [M.S.] in Psychology)  
1984-1987 Indianapolis Gestalt Institute, Indianapolis, IN, USA (3 year Gestalt therapy training)  
1985-1986 Midwest Center for Psychodrama & Sociometry (150 hours training)  
1978-1983 Purdue University, Indianapolis, IN, USA (Bachelor of Science [B.S.] in Psychology)

### **PUBLISHING**

#### **Books and Chapters in Books**

- Perls, F. (2019). *Psychopathology of Awareness: An Unfinished and Unpublished Manuscript with Commentary by Contemporary Gestalt Therapists*. Edited by J.-M. Robine & C. Bowman. l'Exprimerie: Saint-Romain-la-Virvée, France.
- Yontef, G., Jacobs, L. & Bowman, C. (2018). Gestalt therapy, in *Current Psychotherapies, 11<sup>th</sup> Edition*, in D. Wedding & R. Corsini (eds.), Brooks/Cole: United States.
- Bowman, C. (2015). Gestalt therapy in the world of contemporary media, in B. Mistler & P. Brownell (eds.), *Global Perspectives on Research, Theory, and Practice*, Newcastle, UK: Cambridge Scholars Press.
- Bowman, C. & Brownell, P. (2015). Prelude to contemporary gestalt therapy, in B. Mistler & P. Brownell (eds.), *Global Perspectives on Research, Theory, and Practice*, Newcastle, UK: Cambridge Scholars Press.
- Bowman, C. & Brownell, P. (2015). To ground zero and back, in B. Mistler & P. Brownell (eds.), *Global Perspectives on Research, Theory, and Practice*, Newcastle, UK: Cambridge Scholars Press.
- Bowman, C. (2012). Reconsidering holism in gestalt therapy: A bridge too far?, in T. Levine Bar-Yoseph (Ed.), *Gestalt Therapy: Advances in Theory and Practice*, New York: Routledge.

Bowman, C. (2011). Perspective and history, in D. Bloom & P. Brownell (eds.), *Continuity and Change: Gestalt Therapy Now*, Newcastle, UK: Cambridge Scholars Press.

Bowman, C. (2005). The history and development of gestalt therapy, in S. Toman & A. Woldt (eds.), *Gestalt Therapy: History, Theory, and Practice*, Thousand Oaks, CA: Sage Publications

### **Articles in Journals and Periodicals**

Bowman, C., & Paul, R. (2005). EAP's domestic violence role, in *Behavioral Health Management*, 25(4), 38-46.

Bowman, C., & Snir, S. (2004). Reports of the Seventh International Conference of the Association for the Advancement of Gestalt Therapy (AAGT), in *Gestalt!*, vol. 8, no.2. Available on-line - <http://www.g-gej.org/8-2/aagt7.html>

Bowman, C., Woldt, A., & Yontef, G. (2001). Epilogue: Contemporary gestalt therapy, in *Gestalt!*, vol. 5, no.2. Available on-line - <http://www.g-gej.org/8-2/2000contemporary.html>

Bowman, C. (2000). Relational gestalt therapy, *Gestalt!*, vol. 4, no.2. Available on-line - <http://www.g-gej.org/4-2/editorial.html>

Bowman, C. (2000). Commentary on Leanne O'Shea's sexuality: Old struggles and new challenges, in *Gestalt Review* 4(1), 29-31.

Bowman, C. (1998). Definitions of gestalt therapy: Finding common ground, in *Gestalt Review* 2(2), 97-107.

Bowman, C., Kossler, M. (1994). The awakened professional, in *National OD Network Monograph*, 37-42.

Brownell, P., Cook, C., Toman, S., Wolfert, R., Gregory, S., Bowman, C., Fodor, I., Grey, L., & Robertson, B. (2000). Experiments in community building, in *Gestalt Review* 4(2).

Bowman, C., (2010). On writing and writer's conferences, in *Gestalt Review* 14(1), 92-94.

### **Reviews**

Bowman, C. (2017). Where is Paul Goodman when you need him? Review of *Gestalt Therapy and the American Experience* by J. Aylward in *Gestalt Review*. 21(3), 267-270.

Bowman, C. (2017). You can teach an old dog new tricks. Review of *Towards a Research Tradition in Gestalt Therapy* by J. Roubal (Ed.) in *Gestalt Review*. 21(1), 87-91.

- Bowman, C. (2017). Review excerpt on book cover. *Mastering the Financial Dimension of Your Psychotherapy Practice* by P. Cole & D. Reese. New York: Routledge.
- Bowman, C. (2013). Review of Fritz Perls in Berlin 1893-1933: Expressionism, psychoanalysis, Judaism. *Gestalt Review*, 16(3), 316-321.
- Bowman, C. (2008). Review of Psychosomatic Medicine by A. Harrington in *Studies in Gestalt Therapy: Dialogical Bridges 2(2)*, 91-95, D. Bloom, M. Spagnuolo Lobb, & F. M.-Staemmler (eds.), Siracusa, Italy: Instituto di Gestalt.
- Bowman, C. (2006). Review of Gestalt therapy and human nature by J. Wymore in *Gestalt Review* 10(3), 276-277.
- Bowman, C. (1999). Review of Beyond Empathy: A Therapy of Contact-In Relationship, available online - <http://www.integrativetherapy.com/book-empathy-review.htm>
- Bowman, C. (2018). Gestalt Therapy for Today: Repairing Gloria, in *International Psychology Bulletin*, 22(3), 24-26.
- Aylward, Bowman, Cole, & Feder. (2019). Four Reflections on a Gestalt Peer Consultation Group. *Gestalt Review*, 23(2), 97. doi: 10.5325/gestaltreview.23.2.0097.
- Bowman, C. (2019). Review of New Directions in Gestalt Group Therapy: Relational Ground, Authentic Self by Peter Cole & Daisy Reese in *Gestalt Review*, 23(2), 187-190.

### **Interviews**

- Bowman, C. (2003). The problem of addiction. Interview by Deborah Nason in *Blue Ridge Business Journal*, 15(17). Roanoke, VA, USA.
- Bowman, C. (2004). Taking their time: More workers using family leave to care for a parent. Interview by Kathleen O'Brien in *New Jersey Star-Ledger*, April 4, 2004. Newark, NJ, USA.
- Bowman, C. (2002). EAP use remains high, employers say. Interview by Business Insurance Staff. *Business Insurance Magazine*, New York, March 11, 2002
- Bowman, C., & Roberts, S. (1999). Relational gestalt therapy. Video interview by Brian O'Neill, University of Wollongong. New South Wales, Australia.

### **TEACHING EXPERIENCE**

- Senior Faculty** (Current) Indianapolis Gestalt Institute, Indianapolis, Indiana  
**Visiting Faculty**, (2010, 2019) Gestalt Associates Training Los Angeles, Los Angeles, CA  
**Core Faculty** (2007) Gestalt Training Institute of Bermuda.

**Guest Instructor**, (1999), Illawara Gestalt Centre, Wollongong, NSW, Australia.

**Teaching Assistant** (1986-87) Indiana University Psychology Department.

### **Presentations**

Bowman, C. (scheduled for June, 2009) "Holy holism! Is it time for a change?" Workshop for the AAGT tenth biennial conference for gestalt therapy—"Continuity and Change: Gestalt Therapy Now." Philadelphia, PA, USA.

Bowman, C. (November, 2009) "Coaching the bariatric surgery patient." Presentation for ValueOptions Behavioral Health Care, Morristown, NC, USA.

Bowman, C. (October, 2009) "Does history matter? Integrating the there and then into the here and now." AAGT 3<sup>rd</sup> Annual Southeast Region Conference, Asheville, NC, USA.

Bowman, C. (September, 2008) "Experience pregnancy." Workshop for the Indianapolis Gestalt Institute, Indianapolis, IN, USA.

Bowman, C. (July, 2008) "Does history matter? Integrating the there and then into the here and now." Preconference workshop for the AAGT 9<sup>th</sup> International Conference – "Borders and Bridges: Differentiation in Contact." Manchester, UK.

Bowman, C., Gaffney, S. (July, 2008) "Shaken, not Stirred" Plenary session for the AAGT 9<sup>th</sup> International Conference – "Borders and Bridges: Differentiation in Contact." Manchester, UK.

Bowman, C., Harding, K., Pirnie-Smith, J., Pompe, J., Stevens, T. (May, 2007) "The Voice of the purchaser: An employer panel." Panel discussion for the Employee Assistance Society of North America 19<sup>th</sup> Annual Institute – "Creative Collaboration: Strategies that Deliver Results." Chicago, IL, USA.

Bowman, C., (August, 2006) "Purchaser panel - framework for successful partnerships." Panel discussion for the National Association of Specialty Health Organization (NASHO) 4<sup>th</sup> Annual Leadership Summit – "Value and Profitability in Specialty Partnerships." La Jolla, CA, USA.

Bowman, C., (August, 2006) "A framework for successful partnerships." Featured speaker for the National Association of Specialty Health Organization (NASHO) 4<sup>th</sup> Annual Leadership Summit – "Value and Profitability in Specialty Partnerships" La Jolla, CA, USA.

Bowman, C. (February, 2005) "Domestic violence: Prevention at work." Presentation for ValueOptions Behavioral Health Care, Morristown, NC, USA.

Bowman, C., Dolan, D., Searcy, A., Slade, P., Strada, M., Sutherland, C., Thorpe, L. (March, 2004) "Extreme integration: Going all the way at Verizon." Panel presentation for the Alliance for Work-Life Progress 8<sup>th</sup> Annual Conference – "Progress in Motion." Phoenix, AZ, USA.

Bowman, C. (June, 2003) "A visual history of gestalt therapy." Presentation for the New York Institute for Gestalt Therapy (NYIGT)-"Gestalt Alive: 50 Years Creating, Developing and Living Gestalt Therapy." New York, NY, USA.

Bowman, A., Bowman, C., Allen, J., Guistolise, P., Spitz, S., Van der Heiden, K. (April, 2003) "Transference and the therapeutic relationship: Balancing the here and now with the there and then." Moderator for panel discussion for the International Integrative Psychotherapy Association First annual conference for integrative psychotherapy—"Integrating Psychotherapy Theories and Clinical Experience: A Quest for Therapeutic Excellence." New York, NY, USA.

Bowman, C., Morales, C., D'Amico, J., Moursund, J., O'Reilly-Knapp, M., Rouzie, M. (April, 2003) "Contact in Psychotherapy: Intrapsychic or Interpersonal?" Panel discussion for the International Integrative Psychotherapy Association First annual conference for integrative psychotherapy—"Integrating Psychotherapy Theories and Clinical Experience: A Quest for

- Therapeutic Excellence.” New York, NY, USA.
- Bowman, C., Lourie, J., Hofman, B., Merle-Fishman, M., Richards, E., Small, L., Verner, L. (April, 2003) “Cumulative Trauma.” Panel discussion for the International Integrative Psychotherapy Association First annual conference for integrative psychotherapy–“Integrating Psychotherapy Theories and Clinical Experience: A Quest for Therapeutic Excellence.” New York, NY, USA.
- Bowman, C. (March, 2003) “A visual history of gestalt therapy.” Presentation for the GISC Conference–“European Roots of Gestalt Therapy.” Paris, France.
- Bowman, C., Gaffney, S. (November, 2002) “Holding the Heat.” Plenary session co-facilitator. St. Petersburg, FL, USA.
- Bowman, C., Woldt, A. (November, 2002) “Gestalt Group Marathon.” Preconference workshop for the AAGT Sixth Annual Conference–“Holding the Heat.” St. Petersburg, FL, USA.
- Bowman, C., (April, 2001) “The lens of relational need: A paradigm for exploring self functioning in psychotherapy.” Workshop for the Eastern Regional Transactional Analysis Association ERTAC 2001 Conference – “Ego, Ego States and Self-Psychology: Integrating Theoretical Concepts.” Stamford, CT, USA.
- Bary, B., Bonds-White, F., Bowman, C., Fosshage, J., Trautmann, R., Weisberg, M. (April, 2001) “The evolving view of the self within self psychology.” Round table discussion. Eastern Regional Transactional Analysis Association ERTAC 2001 Conference – “Ego, Ego States and Self-Psychology: Integrating Theoretical Concepts.” Stamford, CT, USA.
- Bowman, C. (November, 2000) “100 Years of Gestalt Therapy: Yours, Mine, and Ours.” Workshop for the AAGT Fifth Annual Conference–“Gestalt Therapy for Our Time: Social Vision and Personal Growth.” Dallas, TX, USA.
- Bowman, C., (October, 1999) ““100 Years of Gestalt Therapy: Yours, Mine, and Ours.” Workshop for the Brisbane Gestalt Centre, Brisbane, Queensland, Australia.
- Bowman, C., (October, 1999) “Relational gestalt therapy.” Workshop for the Brisbane Gestalt Centre, Brisbane, Queensland, Australia.
- Bowman, C., (October, 1999) “Relational gestalt therapy.” Workshop for the Illawara Gestalt Centre. Wollongong, NSW, Australia.
- Bowman, C. (May, 1999) “Exploring Our Diversity.” Plenary session for the AAGT Fourth Annual Conference–“Bridging Our Diversity, Expanding Our Vision.” New York, NY, USA.
- Bowman, C. (May, 1999) “100 Years of Gestalt Therapy: Yours, Mine, and Ours.” Workshop for the AAGT Fourth Annual Conference–“Bridging Our Diversity, Expanding Our Vision.” New York, NY, USA.
- Bowman, C., Brownell, P. (May, 1999) “Experiments in Community Building II: The Status of Gestalt Therapy Throughout the World.” Workshop for the AAGT Fourth Annual Conference–“Bridging Our Diversity, Expanding Our Vision.” New York, NY, USA.
- Bowman, C., Lobb, M., Becker, R. (May, 1999) “How Politics, Policy, and Reimbursement Impact Gestalt Therapy in the World.” Plenary session for the AAGT Fourth Annual Conference–“Bridging Our Diversity, Expanding Our Vision.” New York, NY, USA.
- Bowman, C., Ford, R. (April, 1999) “The Healing Bridge: Touching Body & Soul.” Workshop for the American Society for Group Psychotherapy & Psychodrama Annual Conference–“Restoring the Soul: The Transformational Aspects of the Healing Arts.” Philadelphia, PA
- Bowman, C., Estrup, L., Gregory, S. (June, 1998) “Closing Plenary.” Plenary session for the AAGT Fourth Annual Conference–“Gestalt in the World and the World of Gestalt.” Cleveland,

OH, USA.

Bowman, C., Vincent, S. (March, 1998) "Relational gestalt therapy in action" Workshop for St. Vincent Health and Hospital Corporation. Indianapolis, IN, USA.

Bowman, C., Roberts, S. (March, 1997) "Introducing gestalt therapy" Workshop and Demonstration for the Association for Humanistic Psychology – "Kindred Spirits on the Edge: Healing and Personal Transformation." Indianapolis, IN, USA.

Bowman, C. (October, 1995) "Generations in dialogue." Plenary session for the AAGT first biennial conference for gestalt therapy—"Bringing Us Together." New Orleans, LA, USA.

Bowman, C., Resnick, R., Evans, K., Teachworth, A. (October, 1995) "Training, Training Everywhere, Time to Stop and Think." Panel discussion for the AAGT first biennial conference for gestalt therapy—"Bringing Us Together." New Orleans, LA, USA.

Bowman, C., Kossler, M. (November, 1994) "The Awakened Professional." Workshop for the National OD Network Conference - "Acting with Passion and Courage for Socially Responsible Change."  
Baltimore, MD, USA.

Bowman, C., (September, 1992) "Gestalt techniques in early recovery" Workshop for the 6<sup>th</sup> Annual Great Lakes Conference on Addiction – "Building a New Continuum of Care...Strategies for a New Century" Indianapolis, IN, USA.

Bowman, C., (June, 1992) "The whole self: Gestalt therapy." Workshop for Allied health Professionals, Valle Vista Hospital, Indianapolis, IN, USA.

### **CLINICAL, CONSULTING AND HUMAN RESOURCES EXPERIENCE**

**Private Practice**, November, 2004 – Present. Providing individual, conjoint, family and group psychotherapy. Corporate and educational training and consulting services.

**Verizon Communications Employee Assistance Program and WorkLife Services Manager**, June, 2003 – Present. Directing Verizon Communications employee assistance program, flexible work arrangements and telework policies, fitness centers, health programs and on line health promotion, adoption assistance, geriatric care management and child and eldercare services. Responsible for 11 direct reports and annual vendor contracts averaging \$7 million per year. Offices in Indianapolis, IN and New York, NY.

**Verizon Corporation/GTE, Employee Assistance Program Manager**, June, 1997 – June, 2003. Management and service delivery for employee assistance program with 250,000 covered lives – national, international and expatriate populations. Responsibilities also included vendor management, managed behavioral healthcare clinical liaison, 7 direct reports and offices in Indianapolis, IN and Los Angeles, CA.

**GTE Telephone Operations, Domestic Wireline Operations, EAP Program Manager**, March, 1991 – June, 1997. Employee Assistance Program Manager. Responsible for supervision of clinical and office staff and EAP Field Coordinators (68 total). EAP service delivery to 150,000 employees.

**GTE Telephone Operations, Domestic Wireline Operations, EAP Counselor**, January, 1989 – March, 1991. Employee Assistance Program Counselor responsible for clinical services delivery to 150,000 employees.

**Addictions Counselor**, Koala Centers, Indianapolis, Lebanon and Kokomo, IN, January 1987 – March, 1991. Chemical dependency counselor and primary case manager. Responsibilities

included individual, group and family counseling, employer and court intervention, outreach and outpatient counseling and staff inservicing. Developed dual diagnosis and impaired professionals specialty tracks.

### **ADMINISTRATION**

**Co-President, Indianapolis Gestalt Institute (1987-Present).**

**Chair, Communications Committee** for the Association for the Advancement of Gestalt Therapy (2006-2008)

**Director of Communications** for the Association for the Advancement of Gestalt Therapy (2008-present)

**Co-Chair, Process Group Leader Training** for the Association for the Advancement of Gestalt Therapy 5th International Gestalt Therapy Conference: “Gestalt Therapy for Our Time: Social Vision and Personal Growth” (1998-2000).

**Facilitator–Moderator for three professional listserv discussion groups:**

**NYIGT Discussion Group**, for members of the New York Institute for Gestalt Therapy (founded July, 2009).

**AAGTorg**, for leaders and conference planners who are part of the Association for the Advancement of Gestalt Therapy, an International Community ((July, 2008-Present).

**AAGTMembers)** a digital meeting place for AAGT organizational and business and issues (July, 2008-Present).

**AAGT Board of Directors.** President from 1995-1997. I have served on the AAGT Board since 1992 in various capacities including Vice-President, Treasurer, At Large Member.

### **CURRENT PARTICIPATION IN PROFESSIONAL ORGANIZATIONS**

Member of the Association for the Advancement of Gestalt Therapy (AAGT)

Member of the Indianapolis Gestalt Institute (IGI)

Member of the New York Institute for Gestalt Therapy (NYIGT)

### **PAST PARTICIPATION IN PROFESSIONAL ORGANIZATIONS**

American Academy of Psychotherapists (AAP)

American Association of Marriage and Family Therapists (AAMFT)

Employee Assistance Professionals Association (EAPA)

Indiana Counselors Association for Alcohol and Drug Addiction (ICAADA)

National Association of Drug and Alcohol Abuse Counselors (NAADAC)

Purdue University School of Science, Curriculum Advisory Board

Purdue Alumni Association