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# INDIANAPOLIS GESTALT INSTITUTE

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Personal and Professional Development

## **ONLINE VIDEO SEMINAR: Foundations of Gestalt Therapy** **FRIDAY GROUP**

This seminar is a survey of the foundational principles of gestalt therapy as they apply to clinical practice. It will develop the participant's understanding of the underpinnings of gestalt therapy theory. In accordance with Kurt Lewin's maxim, "there is nothing so practical as a good theory," we will divide our time equally between theory presentation and clinical supervision.

### **Learning Objectives**

- Understanding the foundational principles of gestalt.
- Applying gestalt therapy principles to current caseloads and social situations.
- Presenting clinical cases from a gestalt foundational perspective.
- Comprehending the sociopolitical roots of gestalt therapy in psychotherapy.

### **Schedule and Topics for 2018**

January 19	A Revision of Psychoanalysis
February 16	The Phenomenological Backbone of Gestalt Therapy
March 16	Gestalt Psychology
April 20	Holism & Field Theory
May 18	The Role of Support
June 15	The Sequence of Contact & Cycle of Experience
July 20	Sensation & Somatics
Aug TBD	The Advent of Relational Gestalt Therapy
September 21	Aesthetic Criteria & Gestalt Diagnosis
October 19	Gestalt Group Work
November 16	Gestalt Therapy as a Foundation for Social Justice
December 21	Wrapping It All Up

### **General Information**

Each session meets for 2 hours. There are 12 sessions beginning January 19, 2018. We meet online utilizing the Zoom platform from 2:30pm–4:30pm EST. The seminar is open to intermediate and advanced clinicians and students currently enrolled in gestalt training programs. The tuition is \$30 per session and all reading materials will be provided.

### **Continuing Education: 24 CE Units Awarded**

"The Indiana Social Worker, Marriage and Family Therapist and Mental Health Counselor Board has approved this organization to provide Category I continuing education for L.S.W., L.C.S.W., L.M.F.T., L.M.H.C., and L.C.A.C., however licensees must judge the program's relevance to their professional practice. The Indianapolis Gestalt Institute is responsible for maintaining the program."

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